

MPT STUDENTS AT SIR H.N. RELIANCE FOUNDATION HOSPITAL, MUMBAI

Shrimad Rajchandra College of physiotherapy, a constituent institute of UKA Tarsadia University posted MPT 2nd year students at Department of Physical Therapy & Sports Medicine Rehabilitation Centre of Sir H.N. Reliance Foundation Hospital, Mumbai for the duration of one month from 01/12/2024 to 31/12/2024. During this posting, students were given an opportunity to learn and improve their diagnostic, rehabilitation and communication skills while dealing with various traumatic/non-traumatic/post-operative conditions. Students were provided IPD/OPD exposure also. Students were also get to learn about the functioning of Aqua Treadmill, Anti-gravity Treadmill, Isokinetic Dynamometer, Gait Analyzer, 3-D Motion Analysis, etc. Advanced physiotherapeutic techniques such as myofascial release, sports fitness assessment, strength & conditioning, cardiovascular assessment and PT management post-cardiac surgery were also taught and hands-on practical application on patient was also allowed to do. Hospital management and staff of Sports Medicine & Rehabilitation Department appreciated the efforts and interest which our students put throughout this one month. We are thankful to management of H.N. Reliance Hospital, staff of Physical Therapy & Sports Medicine Rehabilitation. Students had really a nice clinical and practical exposure.